

Learning objectives

Learn about what plants need to grow.

15-45
mins

KS1
& 2

Teacher Preparation

- Cut strips of card to put around yogurt pots.
- Dampen the cotton wool.

Equipment & Resources

- Clean yogurt pot
- Cotton wool
- Cress/mustard seeds
- Card
- Scissors
- Paint/pencils
- Glue or sellotape

Main activity

1. Let children decorate their strip of card.
2. Tape or glue it to the pot.
3. Half fill the pot with damp cotton wool.
4. Sprinkle the wool with seeds.
5. Carefully add more water but do not soak it.
6. Keep on a sunny windowsill.

Tips

At Easter, a clean eggshell with just the top broken off can be used in place of the carton.

Some other seeds that sprout and grow quickly are green beans and radishes. You can grow these and replace the cotton wool with soil.